百丈山國際參禪中心
Viriyachan International Center, Kuala Lumpur. 吉隆坡

看話參禪

2027 年 禅三（五月）

百丈山国际参禅中心（吉隆坡）

（双语指导）

1/11/2026 订定

报名简章：

中国禅宗始于达摩西来，衣法流布至南宋大慧宗杲，拈出祖德明心见性之法，直指看箇话头、疑情顿发、破疑开悟是成佛之道。

慧门禅师亲授「看话参禅」，搭配坐香、跑香、提撕、棒喝逼拶、作务习禅、山水行禅，在行住坐卧中行细行，或借助宇宙自然的宁静， 以虚空为禅堂，以大地为蒲团，引导行者往内心深处探索圆融自性， 带领您走一趟开悟之旅。

1) 维那和尚： 台湾百丈山力行禅寺法师。

2) 联办单位： 马来西亚佛陀教育基金会、台湾百丈山力行禅寺、力行禅宗大学、新加坡国际禅宗协会。

3) 承办单位： 马来西亚看话参禅护法会

4) 禅修课程： 看话参禅（参禅顿悟法门），初级班及精进班。

5) 参加资格： 年龄十八岁以上在家信众、僧尼， 对参禅法门有兴趣、愿学习、愿接受者， 皆欢迎参加。若有「身心障碍」或「重大、罕见、可能突发、食物过敏的疾病史」或其他特殊身心状况与需求，请在报名表格附带说明。罹患心理疾病、严重疾病、传染病、孕妇，请勿报名。

6) 禅修日期： 2027 年 5 月 15 － 17 日

7) 报到时间： 5 月 15 日上午 9 点 至 10 点（请准时报到）。

来自外坡或交通不便的同参可提早于 5 月 14 日下午 3 点至 4 点报到（报名表格需注明）。

8) 圆满时间： 5 月 17 日 下午 3 点。

9) 禅修营地： 百丈山国际参禅中心（吉隆坡）。

Viriyachan International Center, Kuala Lumpur Dusun Tekali, Hulu Langat Selangor, Malaysia

10) 招收名额： 60 名，额满为止。

11) 活动费用： 欢迎随喜乐捐赞助住宿、膳食等费用（出家众全免）。

赞助善款请支付： Buddha Sasana Foundation

丰隆银行户头号码： 179-000-2809-9

汇款收据请 whatsapp： 011-3228 3882/ 3881/ 3880

12) 报名方式： 请链接 www.buddhasasana.org.my 点击相关活动的报名程序， 或扫描二维码报名。

报名截止于活动三天前。任何疑问，请联络秘书处：011-3228 3882 / 011-3228 3881 / 3880

13) 交通指引：

a. 自驾车：请用 Waze 导航 (GPS：3.139203, 101.868547、Waze：Dusun Tekali, Ulu Langat)。
b. 乘坐 MRT 到 Taman Suntex，到站后转搭 Grab/Taxi 到参禅中心（约 20km）。
c. 吉隆坡国际机场乘坐机场出租车到参禅中心，约 80km。
   Airport Taxi： 1-3 人约 RM150, 4-8 人约 RM250。Grab：1-3 人约 RM80 。
d. 吉隆坡国际机场轻快铁航线到 Bandar Tasik Selatan
   KLIA Transit：约 RM38.40，到站后转搭 Grab 到参禅中心(约 RM35) 。
e. 来自国外同参集体报到可向主办单位申请协助安排交通接驳。

百丈山國際參禪中心
Viriyachan International Center, Kuala Lumpur. 吉隆坡

看話參禪

2027 The 18th [KanHuaCanChan Series]

3 Days Meditation Retreat (May)

Viriyachan International Center (Kuala Lumpur)

(Billingual Conducted)

11/01/2026

Registration Brochure:

Learn more about the ancient wisdom of "Kan Hua Can Chan" which is the essence of Mahayana Chinese Chan (Zen) meditation.

By investigating a "huatou" (topic of inquiry) inwardly, practitioners confront the mind and cut through its mental phenomena and defilements directly to unravel the mind's true nature.

1. Led by: Ven. Ruji, Chan Master from Viryachan Monastery, Hualian Taiwan, the 43rd lineage of the Linji sect and the 49th lineage of the Caodong sect.

2. Instructor: Ven. Ruji, Chan Master from Viryachan Monastery, Hualian Taiwan.

3. Joint Organisers: Buddha Sasana Foundation, Viryachan Monastery Taiwan,
Viriya Chan Buddhist Society Singapore.

4. The Course: "Kan Hua Can Chan" Mahayana Chinese Chan (Zen) meditation, beginners' course.

5. Enrolment requirement: Non-Muslim over 18 years old who are interested in Mahayana Chinese Chan (Zen) meditation, willing to learn and willing to accept the methodology of "Kan Hua Can Chan". Those having mental or physical setback or history of allergies or other physical and mental conditions must declare clearly in the application. Please do not register if you are suffering from mental illness, serious illness, infectious disease, or pregnant woman. The Organiser reserve the right to accept or reject any application without assigning any reasons.

6. Date of event: 15th May to 17th May 2027

7. Registrants' arrival: 9.00-10.00 am, 15th May.
Pre-arrival is permitted for those from outstation or oversea (please indicate in the application).

8. End of event: 3.00 pm, 17th May

9. Venue: Viriyachan International Center
P.T. 12622 Dusun Tekali, Kampung Sungai Tekali, Jalan Sungai Tekali,
43100 Hulu Langat, Selangor Darul Ehsan, Malaysia
GPS: 3.142090, 101.877686 Waze: BSF Retreat Centre, Hulu Langat

10. Total Enrolment: Limited to 30 pax

11. Enrolment Fees: By free-will donation to Buddha Sasana Foundation for the food, lodging and general contributions (Monastic excepted).
Direct all remittance to:
Buddha Sasana Foundation HLB acc nos. 179-000-2809-9
Please WhatsApp remittance receipt to 011-3228 3882/ 3881/ 3880

12. Registration: Log in to www.buddhasasana.org.my and click "Register"
OR scan QR code to fill up the relevant particulars.
Registration closes 3 days prior to the event.

13. Enquiries: Direct all enquiries to
Whatsapp: 011-3228 3882/ 3881/ 3880
Wechat: BSF_official

15. Direction:
f. Waze location: GPS 3.139203, 101.868547、Waze: BSF Retreat Centre, Hulu Langat.
g. By MRT: Drop-off at Taman Suntex and get a Grab to the Centre (20 km, about rm35).
h. From KLIA: get a Grab to the Centre (80km, about RM100~150 for 1-3 pax, RM250 for 4-8 pax).
i. Take KLIA Transit to Bandar Tasik Selatan (KLIA Transit about RM38.40), then get a grab to the Centre. (about RM35)

百丈山國際參禪中心
Viriyachan International Center, Kuala Lumpur. 吉隆坡

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看话参禅禅修营 学员行前切结书

敬致禅修营学员：

欢迎参加由马来西亚佛陀教育基金会和百丈山力行禅寺联合主办的［**看话参禅系列**］禅修营，报名之前，请您详细阅读及注意以下事项：

1. 有身心障碍者报名时须据实陈述，若报到时或禅修期间有所发现未据实说明者，主办单位保留权利拒绝接受报名，或已报到者将一律请其退出离营。
2. 完成报到手续后，须全程参与主办单位规划之课程与活动，并遵守规约及作息表，中间不得无故脱队或离营。
3. 活动期间，请注意自身安全。若因故需脱队或离营，须事先取得主七和尚同意。
4. 活动期间严禁使用手机、电脑、电子设备等通讯器材。
5. 请勿携带贵重物品，若有损失，主办单位不负任何责任。
6. 活动期间，贵重物品（护照、机票、钱包、手机等）统一交由主办单位保管（建议用袋子装在一起，写好名字，以便解七后领取）。
7. 禅修营期间一律禁语。
8. 学员可将以下负责人之电话号码提供于家人作为紧急联络之途：

   秘书处 011-3228 3880/3881/3882、 黄宝钻 012-673 6225、 黄圆尚 019-221 6565
9. 请记得携带以下物品：

   a) 冷、热饮水瓶、盥洗用品（沐浴露、牙膏、牙刷）、纸巾、女性生理用品、自用药品。

   b) 御寒外套/寒衣、披肩、宽松衣裤，抹汗面巾、浴巾、毛巾(禅堂护脚用)。

   c) 室内跑香鞋(干净跑步球鞋)、室外步行鞋、袜子、拖鞋。
10. 主办单位有安排衣物送洗服务（每个七 RM40，出家众全免）。
11. 请自备床单、枕头套、睡袋/棉被、盖脚毛巾。如果需要主办单位提供者，请另随喜赞助清洗费（出家众全免）。
12. 由于禅修场地位于郊外，购物不方便，请确保以上物品准备齐全。
13. 主办单位备有慧门禅师著作、视频机和 DVD 供学员请购。
14. 为确保活动顺利开展和遵循国际惯例，外籍学员请务必在自己的国籍地买好意外保险。
15. 禅修营地属农业地农舍，故安全设施未必到位，活动期间，主办单位将尽力注意营员安全问题，如发生意外事件及私人物品的污损（包括私人物件和汽车在内）主办单位恕不负责。
16. 主办单位保留录取权。

本人已充分了解「**看话参禅系列-学员行前切结书**」之内容，并同意参加贵单位规划之所有课程活动，且遵守相关规约。

本人也了解禅修营地属农业地农舍，故安全设施未必到位，活动期间贵单位将尽力注意营员安全问题，如发生意外事件，本人同意不向贵单位追究法律责任。

本人特此完全同意禅修营期间所拍摄之照片、录影或录音资料（以下简称“资料”），用于下列用途：报名与行政管理、内部报告与评估、媒体报导、记录与宣传、禅修营相关之推广与传播使用（除非本人以书面形式提出反对）。

本人了解以上资料可能被用于印刷品、网站、社交媒体或其他媒体发布平台。如不愿公开使用，需以书面形式另行通知主办单位。

（未满廿一岁参与者由家长/监护人签署）

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本人了解以上资料可能被用于印刷品、网站、社交媒体或其他媒体发布平台。如不愿公开使用，需以书面形式另行通知主办单位。

Pre-arrival Notes to All Registrants:

Please take note below before you submit your registration:

1. Those having mental or physical setback or history of allergies or other physical and mental conditions must declare clearly in the application and procure a pre-approval of acceptance from the Organiser before arrival.
2. Do not register if you are suffering from mental illness, serious illness, infectious disease.
3. This course is not suitable for pregnant woman.
4. After completing the registration procedurals, Yogis must diligently follow the Course Schedule and abide by the rules and regulations. Pre-approval must be obtained if you need to leave the course half-way for any reason whatsoever.
5. Please take good care of your own safety while in the event or during your stay in the Centre.
6. The use of Handphone, Computer, Electronic and or other communication equipment is strictly prohibited throughout the Meditation Course.
7. Please do not bring valuables, the organizer will not be responsible for any losses due to any reasons whatsoever.
8. Handphone and all valuables (passports, air tickets, wallets etc) are to be handed over to the organizer for safekeeping.
9. All Yogis must observe noble silence throughout the Meditation Course.
10. You may leave the following contact numbers with your families for emergency use: 011-3228 3880/3881/3882, 019-221 6565
11. Please bring the following for your personal use during the course:
    a) Cold and hot water tumbler, toiletries (shower gel, toothpaste, toothbrush), face tissue, feminine hygiene products, and personal medication.
    b) Jacket, shawl, comfortable clothes, sweat towel, bath towel, towel (for knee protection during meditation).
    c) Indoor sports shoes (for walking or running indoor), outdoor walking shoes, socks, and slippers.
12. The organizer does not arrange laundry service, please bring enough clothing. Light self-washing permitted at designated area only.
13. Please bring your own bed sheets, pillowcases, sleeping bags/blanket. Laundry charges would be incurred if provided by the Organiser (Monastic excepted).
14. Please be advised to get the above prepared as the venue is in the outskirt countryside, shopping and replenishment would be inconvenient.
15. Yogis from foreign countries must procure appropriate insurance from their country of origin.
16. The Venue is located within agriculture areas, as such safety facilities may not be in place, by your participation in the Course, Yogis would voluntarily assume all risks while participating in the Retreat and the use of facilities, equipment, or services in association with the Retreat.
17. The Organiser reserves the right to accept or reject any application without assigning any reasons.

Note: Temperature in the Centre is in the region of 22°～32°C。

Registrant' Indemnification & Covenant

2027 Zen Retreat – 3 Days Meditation Retreat (May)

15th May to 17st May 2027

I, the below named, hereby certify that I have full agreement of the participation in the above said Program, and hereby knowledge the nature and extent of the risks inherent in the Program and the use of facilities, equipment, or services in association with the Program, that by my agreement hereof, I will voluntarily assume all risks, whether known or unknown, and further understand that despite precautions, accidents and injuries may occur, and I hereby agree to indemnify, and keep the Organizers, including its facilitators, trustees, employees, volunteers and agents indemnified against all claims whatsoever in event of any loss or damage, either bodily, in life or in loss of property, which I may sustain or cause, whether in whole or in part, while participating in the Program and the use of facilities, equipment, or services in association with the Program.

I hereby give my full consent to the collection, use, and disclosure of my personal data (including name, contact information, identification number, etc.) as well as any photographs, video recordings, or audio recordings taken during the Program (collectively referred to as "the Data") for the purposes of Program registration and administration, internal reports and evaluation media coverage, documentation, and publicity, program-related promotional use (unless objected to in writing). I understand that the Data may be used in printed materials, websites, social media, or media releases unless I provide a written request to withhold such use.

I agree that I may be dismissed at any time during the conduct of the Program in the event of any misconduct on my part or that I failed to observe the instructions, rules, or regulations during the conduct of the Program.

（Parents/Guardian's signature required for registrant below age 21）

Parent/Guardian's Consent of

Assumption of Risk / Release & Indemnification of All Claims / Covenant Not to Sue

2027 Zen Retreat – 3 Days Meditation Retreat

15th May to 17st May 2027

I, the below named, being the Parent/Guardian of the below named child/student, hereby certify that I have full agreement and consent of the participation of my child under my guardianship in the above said Program, and hereby knowledge the nature and extent of the risks inherent in the Program and the use of facilities, equipment, or services in association with the Program, that by my agreement and consent hereof, I will voluntarily assume all risks, whether known or unknown, and further understand that despite precautions, accidents and injuries may occur, and I hereby agree to indemnify, and keep the Organizers, including its facilitators, trustees, employees, volunteers and agents indemnified against all claims whatsoever in event of any loss or damage, either bodily, in life or in loss of property, which my child under my guardianship may sustain or cause, whether in whole or in part, while participating in the Program and the use of facilities, equipment, or services in association with the Program.

I hereby give my full consent to the collection, use, and disclosure of my child's/student's personal data (including name, contact information, identification number, etc.) as well as any photographs, video recordings, or audio recordings taken during the Program (collectively referred to as "the Data") for the purposes of Program registration and administration, internal reports and evaluation media coverage, documentation, and publicity, program-related promotional use (unless objected to in writing). I understand that the Data may be used in printed materials, websites, social media, or media releases unless I provide a written request to withhold such use.

I agree that my child under my guardianship may be dismissed at any time during the conduct of the Program in the event of any misconduct or that he/she failed to observe the instructions, rules or regulations during the conduct of the Program.